



# Intensive Training Week

## Uniform Guidelines

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## GENERAL GUIDELINES

The idea of a uniform is to be “uniform”. In past ITWs some students have tried to be very “creative” in establishing their own identity or style. However, this has sacrificed the uniformity that we are trying to achieve. This is not a special meeting... this is Intensive Training Week!

Simplicity is class. In outreach endeavours you want to be relatable and touchable.

**Please be respectful of our request that you wear the uniform without your special touches added to it.** Thank you in advance for complying with the uniform requirements of Hope Corps.

You should pack in one carry on suitcase and one personal bag. We cannot transport more than this. Also there is not room at the site for storing larger pieces.

## REQUIRED UNIFORM

### Female

- Skirt: Black—Modest Straight or A Line covering the knee when standing or sitting down. Long Maxi Skirt can be worn if it is straight or A Line
- Shirt: Blue with Hope Corps Logo. These should be purchased online from our E-Store. Shirts purchased from Hope Corps prior to E-Store being established still acceptable.
- Shoes: Black dressy flats

### Male

- Pants: Black—Modest Fitted Style
- Shirt: Blue with Hope Corps Logo. These should be purchased online from our E-Store. Shirts purchased from Hope Corps prior to E-Store being established still acceptable.
- Shoes: Black dressy

## Optional Accessories—Female

- Hose: no designs
- Scarf: simple lightweight black with no designs
- Cardigan or Jacket: black with black buttons
- Undershirt— black
- Belt: black buckle with shirt tucked in and belt worn through loops

## Optional Accessories—Male

- Scarf: simple lightweight black with no designs
- Cardigan or Jacket: black with black buttons
- Belt: black buckle with shirt tucked in and belt worn through loops

## Not acceptable—Female



- unbuttoned shirt
- wide belt on top of shirt
- rolled sleeves
- Pleated or Ruffled Skirts
- No leggings
- knotted shirt
- coloured undershirt
- hair pieces/flowers  
(all hair accessories must be simple with no jewels/gems in ALL black or your hair colour)
- designed nylons/tights

## Not acceptable—Male



- unbuttoned shirt
- design tie
- brown belt
- colored blazers
- short or colored socks
- black jeans or casual fabrics  
(exception black jeans & casual black shoes for travel days)